INTERNATIONAL WOMEN'S DAY 2026

NOTE TO THE NEXT GENERATION

THE LUMINARIES

Current Participants at the National Defence College Course 28 - 2025/26

As seasoned professionals who have had the honour of serving Kenya in different capacities, we write this simple note to you, the younger generation, on International Women's Day. This year's theme, **"Give to Gain,"** is not only a slogan but it is a way of life. Throughout our journeys,we have learnt that when you give your time, kindness and effort to others, you gain experience, wisdom and lasting relationships. We have seen this principle come alive through supporting initiatives that support bright but disadvantaged students offering them opportunities to learn, grow and pursue their dreams. When a community gives support to such individuals, the whole nation gains confident leaders, professionals and change-makers. The act of giving creates a cycle of growth and societal transformation.

We encourage you to pause and look around at your classroom, your workplace, your community, your world, and ask "What can I give?" Let that question guide your choices, shape your character and fuel your impact every day you have the chance to make a difference. The answer does not have to be grand to be powerful. Give your dedication to your studies, extend respect to your elders and your compassion to those with less. Embrace the spirit of Give to Gain and know that your contributions hold the power to transform lives and inspire generations to come.

HAPPY INTERNATIONAL WOMEN'S DAY!!!